

Functions Examination and Treatment of the Pelvis Mobilisation with Movement

Over the last 25 years, Mark Oliver has developed a system of analysis and treatment based on MWM principles that greatly simplifies and clarifies examination and treatment of pelvic dysfunction. This 2-day program was extensively updated in 2017 and has a new format designed to simplify and enhance the learning experience. By providing an electronic copy of the manual for pre-reading, it has been possible to further expand the “hands on” component of the course. You cannot learn the practical components of this material online!

The examination component

This course includes a new generation of functional load transfer tests that can be used to assess various elements of failed load transfer (pelvic dysfunction) across the pelvis. These tests are a critical element of pelvic examination as pelvic dysfunction has the capacity to result in pain being experienced in other parts of the body even when the pelvis is symptom free. Some of these tests are validated, while others are currently being researched. They include observation based load transfer tests and tests for measuring inhibition, bracing and weakness.

In addition to identifying failed pelvic load transfer, these tests can be used to immediately assess the effectiveness of MWM (and other) interventions. However, the true effectiveness of the MWM intervention can only be gauged by how it affects the patient’s presenting complaint. Consequently, the primary examination element taught in this program is how to use MWM to determine appropriate real-time treatment. Rather than using pain provocation tests (PPTs) to provoke pain, MWM examination procedures are performed with the aim of eliminating pain on movement as the patient reproduces the previously symptomatic activity. In this way, the clinician is able to ascertain conditions that are required to render a pain provoking activity symptom free or eliminate the element of failed pelvic load transfer that has resulted in a symptomatic maladaptive movement pattern.

The treatment component

The treatment elements of this course are primarily MWM based techniques directed primarily at the intra-pelvic joints (sacroiliac and pubic symphysis). However, the pelvis MWM techniques integrate elements of manual therapy, functional exercise and cognitive therapy with the aim of affecting all components of the pelvic region. This is taught using a combination of practical instruction, real time demonstrations on individuals with PGP or pelvic dysfunction and video case example presentations.

Self-treatment techniques and integration of MWM techniques into what is termed a “no failure” functional exercise approach will be presented. When appropriate, additional treatment strategies and techniques are discussed and demonstrated including identification and management of causative factors.

Gentle, pain-free MWM techniques are ideal for treatment of pelvic dysfunction in women with pregnancy related pelvic girdle pain (PPGP) and these techniques are discussed and demonstrated in this workshop.

Instructor

Mark Oliver is a New Zealand and Australian qualified musculoskeletal physiotherapist and a clinical educator with more than 30 years' experience. He is Australia's most experienced accredited Mulligan Concept teacher and consults in Busselton, Western Australia. Mark completed a research Master of Applied science examining lumbar spine biomechanics, has published in international journals, written five textbook chapters, was a lecturer in anatomy, pathology, diagnostics and clinical practice on the Graduate Diploma in Manipulative Physiotherapy and Sports Physiotherapy courses at Curtin University. In 2009 the Australian Physiotherapy Association (WA) presented Mark with an award for "an outstanding contribution to physiotherapy education".

REGISTRATION FORM

Name		Telephone	
E-Mail		NZMPA Member #	
Address		APC Number	
Signature		Date	

FEES

Location	Dates	Presenter	NZMPA Member	✓	Non-Member	✓
Auckland	14 – 15 July 2018	Mark Oliver	\$425		\$500	

Notes

1. The course is for practitioners already familiar with the Mulligan Concept and involves some advanced clinical reasoning and treatment concepts.
2. Fee payment is due on presentation of invoice, no need to send payment now.
3. All amounts are inclusive of NZ GST at 15%.