

10 reasons to study with us

1. Distance delivery makes it possible to study both from within New Zealand and internationally.
2. We offer a broad range of paper topics that cover almost all major areas of musculoskeletal practice.
3. Qualification staircase: start with the postgraduate certificate and add papers to earn a diploma or master's degree.
4. Our qualifications are the only New Zealand programmes in musculoskeletal and pain management.
5. Teaching staff are active researchers and clinicians, encouraging rigour in clinical reasoning and using a strong evidence base.
6. The programme structure allows flexibility to build your academic success at a pace that suits you.
7. Benefit from the support and knowledge of highly committed staff, interested in encouraging students to develop their careers.
8. We run a truly inter-professional programme with staff and students from multiple disciplines including medicine, nursing, physiotherapy, occupational therapy, osteopathy and psychology.
9. Students with our qualifications offer specialist skills for patients with musculoskeletal and pain problems in New Zealand.
10. Otago students are able to make use of the extensive facilities of the institution, which is New Zealand's oldest and most research-intensive university.



Our courses are endorsed by the International Association for the Study of Pain.

Student profiles

"Through my studies I gained deeper understanding of all aspects of pain and pain management. The interdisciplinary approach of the programme was incredible for cross pollination of ideas, and the tutors all brought a wealth of knowledge from their own experiences."



Dr Liz Edmonds

Postgraduate Diploma in Health Sciences (Pain and Pain Management)
Specialist Anaesthetist



"The programme at the University of Otago offered a qualification from a respected institution with quality teaching provided by leaders in the field."

Andriy Boyko

Postgraduate Diploma in Musculoskeletal Medicine
Sports Physician (Australia)

"The flexibility of Otago's postgraduate study is great. I can study in my own time and it's easy to fit evening lectures around work and other commitments."



Kimberley Bond

Studying for a Master of Health Sciences
(Musculoskeletal Management)
Physiotherapist

For enquiries related to admission and enrolment, please contact:

Co-ordinator, Student Experience
Email postgrad.uoc@otago.ac.nz

For enquiries concerning the content of the course, please contact:

Email msmandpainstudies.uoc@otago.ac.nz
Tel 64 3 364 0469

Department of Orthopaedic Surgery and
Musculoskeletal Medicine
University of Otago, Christchurch
otago.ac.nz/msm-pain-management

DISTANCE LEARNING

POSTGRADUATE



CHRISTCHURCH

Musculoskeletal and Pain Programmes

University of Otago, Christchurch



Musculoskeletal Medicine

Qualifications

Postgraduate Certificate in Musculoskeletal Medicine (PGCertMSM)

Postgraduate Diploma in Musculoskeletal Medicine (PGDipMSM)

Who is it intended for?

This programme is the only one of its kind in Australia and New Zealand. The postgraduate Musculoskeletal Medicine qualifications are aimed at registered medical practitioners in both primary care and musculoskeletal specialties such as rheumatology, orthopaedic surgery and sports medicine. Current medical registration is an admission requirement, and students must be registered as medical practitioners in the country in which they live.

How long will it take?

The postgraduate certificate can be completed by studying part-time over one to three years.

The postgraduate diploma can be studied part-time over two to four years.

Papers offered include:

- MSME 701 Clinical Diagnosis
- MSME 702 Musculoskeletal Tissues
- MSME 703 Musculoskeletal Disorders
- MSME 704 Introduction to Pain
- MSME 705 Regional Disorders – Spine
- MSME 706 Regional Disorders – Limbs
- MSME 707 Musculoskeletal Management
- MSME 708 Introduction to Pain Management
- MSME 709 Clinical Therapeutics
- MSME 710 Recreational and Sports Injuries
- MSME 711 Pain Assessment

Musculoskeletal Management

Qualifications

Postgraduate Certificate in Health and Health Sciences (PGCertHealSc) endorsed in Musculoskeletal Management

Postgraduate Diploma in Health and Health Sciences (PGDipHealSc) endorsed in Musculoskeletal Management

Master of Health Sciences (MHealSc) endorsed in Musculoskeletal Management

Who is it intended for?

Allied health professionals involved in the care, management and rehabilitation of patients with musculoskeletal and pain problems, such as physiotherapists, occupational therapists, nurses, podiatrists, chiropractors and osteopaths.

How long will it take?

The postgraduate certificate would normally be completed in one to two years of part-time study.

The postgraduate diploma may be completed in two years of part-time study. However, candidates have four years to complete the requirements of the qualification.

There are two options for the master's programme: the research pathway (120 points of papers and a 120-point thesis) or the coursework pathway (180 points of papers and a 60-point dissertation) – either option can be completed in approximately four to six years.

Papers offered include:

- MSME 702 Musculoskeletal Tissues
- MSME 703 Musculoskeletal Disorders
- MSME 704 Introduction to Pain
- MSME 705 Regional Disorders – Spine
- MSME 706 Regional Disorders – Limbs
- MSME 707 Musculoskeletal Management
- MSME 708 Introduction to Pain Management
- MSME 710 Recreational and Sports Injuries
- MSME 711 Pain Assessment
- PAIN 701 Neurobiology of Pain
- PAIN 702 Biomedical Pain Management
- PAIN 703 Psychosocial and Cultural Aspects of Pain

Pain and Pain Management

Qualifications

Postgraduate Certificate in Health and Health Sciences (PGCertHealSc) endorsed in Pain and Pain Management

Postgraduate Diploma in Health and Health Sciences (PGDipHealSc) endorsed in Pain and Pain Management

Master of Health Sciences (MHealSc) endorsed in Pain and Pain Management

Who is it intended for?

Allied health and medical professionals involved in the care, rehabilitation and management of people experiencing pain problems, such as psychologists, physiotherapists, occupational therapists, nurses, podiatrists, chiropractors, and osteopaths.

How long will it take?

The postgraduate certificate would normally be completed in one to two years of part-time study.

The postgraduate diploma may be completed in two years of part-time study. However, candidates have four years to complete the requirements of the qualification.

There are two options for the master's programme: the research pathway (120 points of papers and a 120-point thesis) or the coursework pathway (180 points of papers and a 60-point dissertation) – either option can be completed in approximately four to six years.

Papers offered include:

- MSME 702 Musculoskeletal Tissues
- MSME 703 Musculoskeletal Disorders
- MSME 704 Introduction to Pain
- MSME 705 Regional Disorders – Spine
- MSME 706 Regional Disorders – Limbs
- MSME 707 Musculoskeletal Management
- MSME 708 Introduction to Pain Management
- MSME 710 Recreational and Sports Injuries
- MSME 711 Pain Assessment
- PAIN 701 Neurobiology of Pain
- PAIN 702 Biomedical Pain Management
- PAIN 703 Psychosocial and Cultural Aspects of Pain